Lydd Café operates from
Methodist Church Hall
New Street
Lydd, TN29 9DJ
First & Third Tuesday of each Calendar Month
10am-12noon

Welcome refreshments always served with a smile and heaps of information to digest, helping you to live well.

Café Contacts
Mrs Pauline Pogson,
Group Lead Officer 01797 329390
Mr John Bjerkestrands
Group Treasury Officer
Joanna Watts
Community Warden
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General information
WWW.alzheimers.org.uk

National Dementia Helpline
0300 222 1122

Please Note: Lydd Dementia Cafe is a Community Group whose meetings are held in the Methodist Church Hall.

Lydd DC publicity leaflet Issue 2019

Supporting those in Lydd Community Living with Dementia, Their Carers and Friends
Tuesday Pop-up Café

Town and Coastal Communities

Public liability: Community Shield 21/MCS/0289956
What is a Dementia Café?

For those living with dementia, their carers or friends, it’s an opportunity to share experiences in a supportive and sensitive environment. The principle of a Dementia, Alzheimer or Memory Café was first developed and opened in The Netherlands during 1997.

Here in the UK the Alzheimer Society operates and helps Dementia Groups, such as giving their support to our Lydd Dementia Café. It is also a place where you may find guidance and information on services that you may not be aware of, which could help you ‘live well’ in the community.

What do we offer?

- Free Café entry to a friendly atmosphere for Tea /Coffee, Biscuits and a Chat
- Talking therapy with other Café Visitors who are also living with Dementia or their Carers.
- The availability of a wide range of information across the Health Services, home adaption guidance and Wellbeing Assistance.
- An opportunity to talk over your concerns with a member of our staff or arrange a one-to-one with the Shepway Alzheimer’s Society Support Services.
- Receive information and guidance from our guest speakers, across a range of relevant topics.
- Participate in projects designed to help support ‘living well’ with Dementia and help Carers to also manage their own wellbeing.

How are we managed?

A survey of our Lydd Town and Coastal Community, reported an 80% interest in a Dementia Café for Lydd Parish. A steering Group of volunteers, who could already be known to you, manage the Café operations together with our in-house Clinical Adviser.

Operational governance follows our Constitution and Risk Assessment (which should be viewed on request). Finances are (not for profit) supported by Café Refreshment Donation and external Grant Funding, operated through a Business Account with Lloyds Bank. Public Liability insurance cover is from Community Shield (Methodist insurance).

Lydd DC Steering Group, our team of Volunteers

Mrs Pauline Pogson, Group Lead Officer, Food Hygiene and Safe Guarding
Mr John Bjerkestrand, Group Treasurer
Mrs Joanne Watts, KCC Community Warden, Supporting Member
Mrs Maggie Bjerkestrand, Group Dementia Assistant Volunteer